

Pool Schedule

August 20, 2007 - May 30, 2008

Monday

6:30-8:00 Lap Swim
8:00-8:45 Deep H2O Aerobics
8:15-9:00 Aquacize/PT
9:00-11:15 School District
11:15-12:15 P.T.
12:15-1:15 Lap Swim/Shared Time
1:15-2:15 Aquacize/Deep H2O Aerobics
2:15-3:15 P.T.
3:00-6:30 Classes/Programs
5:00-6:00 Aquacize/Deep H2O /Swim Classes
6:00-8:00 Lap Swim/Shared Time
*6:30 - 8:00 Lap/Recreational/Shared Time

Tuesday

6:30-8:00 Lap Swim
8:00-9:00 P.T.
9:00-11:15 School District
11:15-12:15 Rehab Plus
12:15-1:15 Lap Swim/Shared Time
1:15-2:15 Aquacize/Deep H2O Aerobics
2:15-3:15 Programs/Classes
3:00-6:30 Classes/Programs
5:00-6:00 Aquacize/Deep H2O /Swim Classes
6:00-8:00 Lap Swim/Shared Time
*6:30 - 8:00 Lap Swim/Recreational/Shared Time

Wednesday

6:30-8:00 Lap Swim
8:00-8:45 Deep H2O Aerobics
8:15-9:00 Aquacize/PT
9:00-11:15 School District
11:15-12:15 P.T.
12:15-1:15 Lap Swim/Shared Time
1:15-3:15 P.T.
3:00-6:30 Classes/Programs
5:00-6:00 Aquacize
6:00-8:00 Lap Swim/Shared Time
*6:30 - 8:00 Lap/Recreational/Shared Time

Thursday

6:30-8:00 Lap Swim
8:00-9:00 P.T.
9:00-11:15 School District
11:15-12:15 Rehab Plus
12:15-1:15 Lap Swim/Shared Time
1:15-2:15 Aquacize/Deep H2O Aerobics
2:15-3:15 Programs/classes
3:00-6:30 Classes/ Programs
5:00-6:00 Aquacize/Deep H2O/Swim Class
6:00-8:00 Lap Swim/Shared Time
*6:30 - 8:00 Lap/Recreational/ Shared Time

Friday

6:30-8:00 Lap Swim
8:00-8:45 Deep H2O Aerobics
8:15-9:00 Aquacize/PT
9:00 - 11:15 School District
11:15-12:15 P.T.
12:15-1:15 Lap Swim
1:15-3:15 P.T.
3:30-5:00 Rec. Swim
5:00-6:00 Lap Swim

Saturday

9:00-12:00 Lap Swim
1:00 - 4:30 Recreational Swim

Sunday

2:00 - 4:30 Lap/Recreational Swim

*During these times the pool will be set up for both recreational and lap swimming. Recreational area will share with other activities also.

Shared time is a time designated for extra classes or other activities that must take place in the swimming pool - NOT Recreational Swimming*

Times are subject to change